



Healthy People in Every Stage of Life

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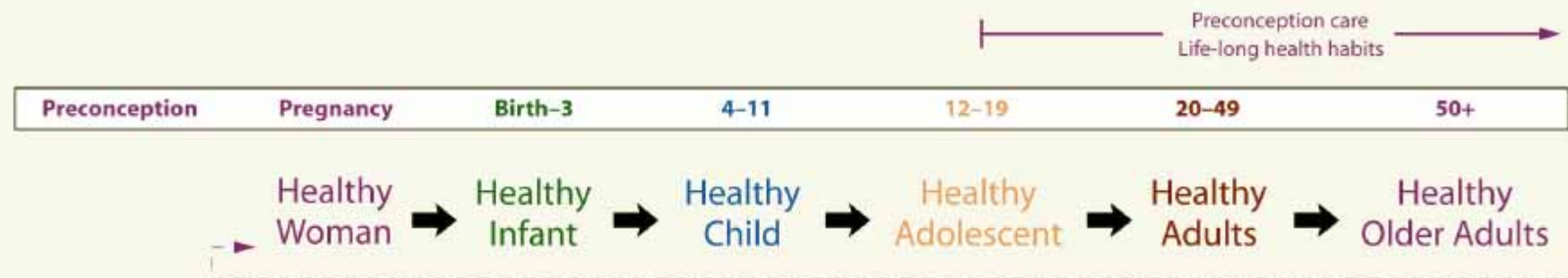


Healthy People in Every Stage of Life...

All people, and especially those at greater risk of health disparities, will achieve their optimal lifespan with the best possible quality of health in every stage of life.

Goals

- **Infants and Toddlers, Ages 0-3: Start Strong:** Improve the health of infants and toddlers, and provide them with a strong start for healthy lives.
- **Children, Ages 4-11: Grow Safe and Strong:** Increase the number of children who grow up healthy, safe, and ready to learn.
- **Adolescents, Ages 12-19: Achieve Healthy Independence:** Increase the number of adolescents who are prepared to be healthy, safe, independent, and productive members of society.
- **Adults, Ages 20-49: Live a Healthy, Productive and Satisfying Life:** Increase the number of adults who are healthy and able to participate fully in life activities and enter their later years with optimum health.
- **Older Adults, Ages 50 and Over: Live Better, Longer:** Increase the number of older adults who live longer, high-quality, productive and independent lives.



Interventions



Social Context

